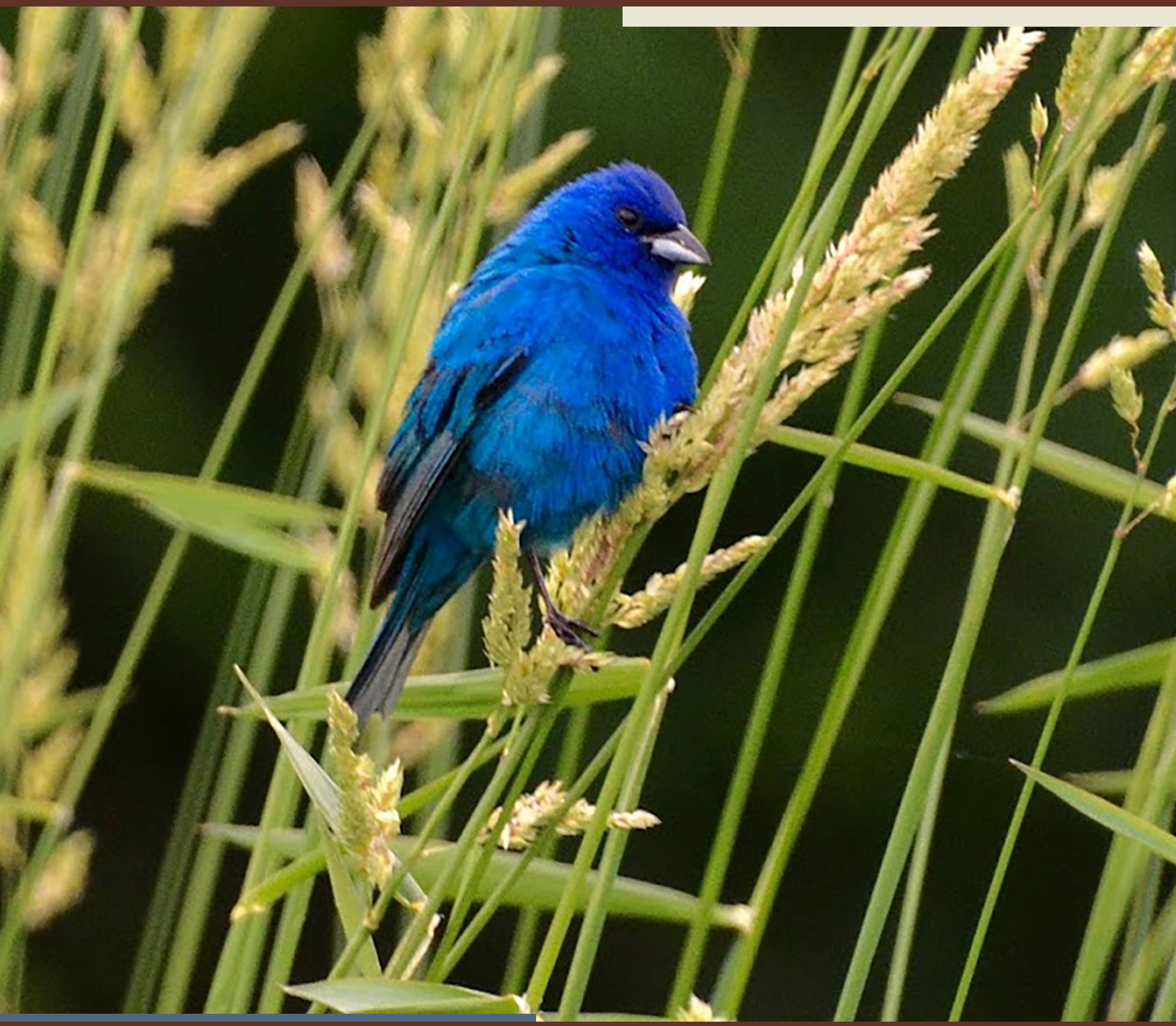
BELLBROOK Sugarcreek PARK DISTRICT

Preserving Beauty. Enriching Life

SUMMER 2023 PROGRAM GUIDE



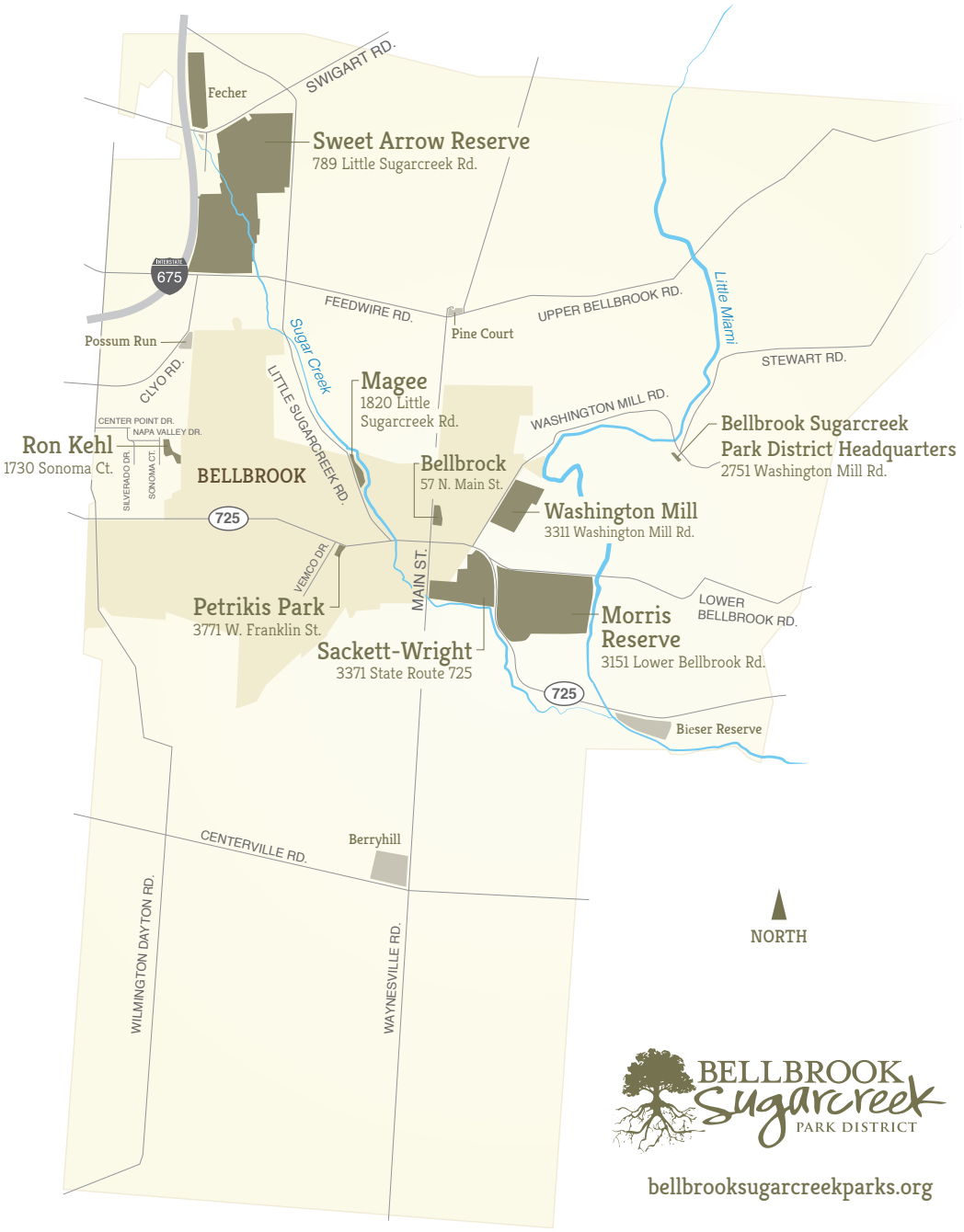
Events | Nature | Family | Fitness

REGISTER FOR PROGRAMS AND ACTIVITIES

Photo Credit: Vivian Dezarn

Bellbrook Sugarcreek Park District

Park Locations



BELLBROOK Sugarcreek PARK DISTRICT

bellbrooksugarcreekparks.org

Register for Programs and Activities

ONLINE: Visit our website: bellbrooksugarcreekparks.org/programs

PHONE: Call us at (937) 848-3535 to register

IN PERSON: Visit our office at Park District Headquarters to register
Open Monday-Friday, 8:00 AM - 4:30 PM

FOLLOW US ON SOCIAL MEDIA

BellbrookSugarcreekParks

SPRING 2023

Employee Spotlight

Program Coordinator, Heather Luby, just celebrated 4 years with the Park District! Prior to joining our staff in 2019, Heather was a fitness instructor and superstar park volunteer! She spent 10 years helping support our programs prior to joining our staff!

These days you will find her teaching TAPFit class, leading the Walk and Talk Book Club alongside library staff and bringing the best crafts to Little Explorers. You may also recognize her as the official mascot of Wobble Gobble!

Heather says her favorite thing about working at the Park District is the people and giving back to the community. Working with kids and people of all ages is something that has always brought her joy. Even though her son has graduated, she is looking forward to continuing to give back to the area that she raised her family in and we are looking forward to her continuing to help us bring the best programs to the area for many years to come!

Volunteer With the Parks!

Are you interested in becoming more involved in your community? If so, volunteering with the park district a great place to start! Volunteers are vital to making our programs and events a success. Meet new people, share your knowledge, earn volunteer hours and, of course, have FUN! Check out these exciting upcoming volunteer opportunities:

Camp Volunteer Training

Friday 5/19 4:30-6:00pm

Learn all about volunteering to helping out at our summer camps!

Butterfly Transect Trail Volunteers

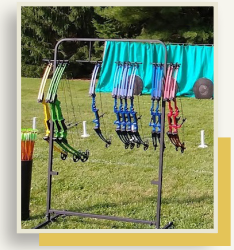
Are you interested in citizen science and supporting our native pollinators? No experience necessary! Email ghuff@bellbrooksugarcreekparks.org for more information and to receive weekly meet-up details.

Hello Blue-tiful!

You may be asking yourself: "What is that stunning blue bird on the cover and where can I see it again?". Throughout the Spring and Summer, the Indigo Bunting (Passerina cyanea) is a common bird in our area. The males are much easier to spot than the females due to their conspicuous blue feathers. As you hike around the prairie trails at Morris Reserve and Sweet Arrow Reserve, listen for their song of rapid notes that are sung in pairs and keep your eyes open for this beautiful bird as he forages for insects, seeds and berries.

ARCHERY

Archery for Beginners



Saturday 5/20 9:30-11:00am

Come try out our exciting archery range and learn a fun skill in the great outdoors! You will learn how to aim and shoot from our National Archery in the Schools Program (NASP) certified instructors. Archery is a fun and safe sport that can become a skill that will last a lifetime! See if you can hit a bullseye or maybe even pop a balloon!

Ages: 8+ | Cost: $10/Residents; $15/Non-Residents | Location: Park District Headquarters

Archery Games

Saturday 5/20 11:30am-1:00pm

This program is for participants who have attended an archery program in the past or are experienced archers. A review of techniques and safety rules from our NASP (National Archery in the Schools Program) instructors will be provided. Then: LET THE GAMES BEGIN! Scoring, mini-targets, balloons and more will be included for this fun-filled time.

Ages: 8+ | Cost: $10/Residents; $15/Non-Residents | Location: Park District Headquarters

FITNESS

Hatha Yoga

Tuesdays 5/9-6/13; 6/20-8/1 (No class 7/4); 8/8-9/12 7:00-8:30pm

Hatha Yoga is a system of relaxation, breathing, exercise and meditation designed to reduce stress and increase energy. This class is for beginning or continuing yoga students who also want to enhance strength, flexibility, and balance. Please wear loose, comfortable clothing and bring a mat or blanket. Registration is required before each 6-week session begins.

Ages: 18+ | Cost: $60/6 classes Residents; $65/6 classes Non-Residents; $15 drop-in fee
Location: Park District Headquarters

Tai-Chi

Wednesdays 5/24-6/21; 6/28-7/26; 8/2-8/30 9:00am-10:00am

This ancient, gentle martial art offers participants the health benefits of improving strength, flexibility, relaxation, balance and more. Each session will focus on the Yang Style Short Form of Tai Chi, which is easily adapted to meet varied physical limitations. Beginners welcome! Presented by trained instructor Shirley Forrest with Art of Wellbeing, LLC.

Ages: 18+ | Cost: $50/5 classes or $15 drop-in for residents and non-residents
Location: Park District Headquarters

Gentle Yoga

Thursdays, 5/11-6/15; 6/22-7/27; 8/3-9/7 12:00pm-1:30pm

This class is for beginners as well as more experienced students who want to try a gentle, slower and relaxing practice. We will combine relaxation techniques, proper breathing, gentle stretches and meditation. People with injuries, health problems, or other issues that limit mobility or cause pain can also participate. Please wear loose, comfortable clothing and bring a mat or blanket. Registration is required before each 6-week session begins.

Ages: 18+ | Cost: $60/6 classes Residents; $65/6 classes Non-Residents; $15 drop-in fee
Location: Park District Headquarters

Extreme Puzzling Challenge

Monday 5/8 6:30-8:00pm

Just when you thought puzzling couldn't be more fun, we are adding an extreme twist! Each 4-person team will receive the same 300-piece puzzle to complete...but you'll have to race to locate the pieces first! The first group to recover all their pieces and finish their puzzle will receive a prize and bragging rights. Register you and your friends to enjoy an evening of teamwork and friendly competition.

Ages: 16+ | Cost: Free | Location: Park District Headquarters

Walk and Talk Book Club

Wednesdays 5/10, 6/14, 7/12, 8/9 6:30-7:30pm

This partnership program between Greene County Public Library and the Bellbrook Sugarcreek Park District is a unique take on a book club. Designed for those that love to read and enjoy a light hike, join us to exercise both our minds and bodies! Each month we will meet to discuss the monthly book, while walking through the wooded and prairie trails at Sweet Arrow Reserve. An Adult Services Librarian will lead the discussion while park staff navigates the trails. Pre-registration is required through Greene County Library.

Greene County Public Library

BOOK SELECTIONS:

May - *The Light Pirate* by Lily Brooks-Dalton

June - *We are the Brennans* by Tracey Lange

July - *All Good People Here* by Ashley Flowers

August - *Sea of Tranquility* by Emily St. John Mandel

Ages: 18+ | Cost: Free
Location: Sweet Arrow Reserve

Adult Trivia Night!

Thursdays 6/1 & 8/3 6:30-7:30pm

Do you know as much as you think you do? Join us for trivia night to find out! Bring a few friends and try your hands at a variety of categories to see who comes out on top. This program is a partnership between Greene County Public Library and the Bellbrook Sugarcreek Park District. Pre-registration is required through the Greene County Public Library.

Ages: 18+ | Cost: Free | Location: Park District Headquarters

Crafting with Friends

Saturday 6/24 9:00am-3:00pm

What could be better than a full day of catching up on crafting? Bring your supplies to work on your scrapbook, card making or your latest craft endeavor while having fun with others. We will provide a 6 ft. table space and electrical outlet for your machines. A limited number of extension cords and power strips will be available; please bring your own if you have it. Snacks, coffee, water provided. Spaces are limited. Pre-registration required by 6/21.

Ages: 18+ | Cost: $5 | Location: Park District Headquarters

ADULTS

Summer Puzzle Exchange

Saturday 7/8 10:00-11:00am

Beat the worst of the summer heat while challenging your mind with a new puzzle! Participants can bring in puzzles they've completed to exchange with friends and neighbors. Puzzles can be brought in to the Park District Headquarters during business hours Wednesday, July 5 - Friday, July 7. Receive 1 puzzle for each puzzle you bring in. Doors will open at 10:00 am sharp on Saturday, July 8 for participants to pick out some new ones!

Ages: 18+ | Cost: Free | Location: Park District Headquarters

FAMILY

Mother's Day Crafts

Saturday 5/6 10:30am-Noon

Mom, mommy, mama..whatever name she goes by, this is the perfect time to show her just how much you care! Join us to create handmade gifts for the special woman who means so much to you. Pre-registration is required by 5/3.

Ages: For all ages | Cost: Free | Location: Park District Headquarters

Father's Day Crafts

Saturday 6/10 10:30am-Noon

Dads lift us up and make us laugh, they teach us things and help us grow. Let's take some time to show our thanks for all they do! Join us to create handmade gifts for the special guy who means so much to you. Pre-registration is required by 6/7.

Ages: For all ages | Cost: Free | Location: Park District Headquarters

Family Game Night: BINGO!

Friday 7/28 6:30-7:30pm

Are you ready for an exciting night out with your family? Then come join us for a night of fun and games that everyone can enjoy! We will play bingo combinations such as 4 Corners, Crazy H, Goal Post and 5 in a row! Prizes will be awarded to the winners! Pre-registration required by 7/11.

Ages: For all ages | Cost: Free | Location: Park District Headquarters

Family Pajama Party

Friday 8/4 7:00pm

Put on your p.j.s and grab a stuffy to enjoy an indoor movie night with the parks! Chairs will be available, but feel free to bring pillows, blankets or sleeping bags to make your family comfy while enjoying the film. Free popcorn provided! Pre-registration is required by 8/1.

Ages: For All Ages | Cost: FREE | Location: Park District Headquarters

Little Explorers

Friday 5/5 10:30-11:30am

Each Little Explorers session will introduce toddlers to nature while learning about letters, numbers, shapes, colors, and so much more! This program is meant to help strengthen and build the skills that your preschooler is learning at home and preschool while building a love of the outdoors. Don't miss out on the fun! An adult companion must attend. Pre-registration is required by 5/9.

Ages: 2-5 | Cost: Free/Residents; $5/Non-Residents | Location: Park District Headquarters

Jump, Wiggle & Shout!

Mondays 5/22, 8/28 11:00am-Noon

This program is all about silly wiggles, goofy babbles, having fun and making friends. Your little one will have a blast movin' and groovin' to music while developing coordination, balance, listening skills, and gross motor skills. An adult companion must attend. Pre-registration required.

Ages: 1-3 | Cost: Free/Residents; $5/Non-Residents
Location: Park District Headquarters

Picnic Play Date

Fridays 6/2, 7/7 10:00-11:00am

Let's get outside for some wiggly, silly fun! This program is for families with small children to come together and enjoy outdoor play. We will enjoy activities designed for little hands and big imaginations. Bring a picnic lunch to enjoy with new and old friends following the program. Pre-registration is required by Monday before each date.

Ages: 1-4 | Cost: Free | Location: Park District Headquarters

World Migratory Bird Day Hike

Saturday 5/13 8:00-9:30am

Come celebrate World Migratory Bird Day with a guided bird hike along the Little Miami River. May is by far the biggest month in birding as many migratory species make the journey to feed, breed, and raise their young. This year's theme is water and how important aquatic habitats are to migratory birds. Bring binoculars if you have them. Pre-registration required.

Ages: 14+ | Cost: FREE | Location: Morris Reserve

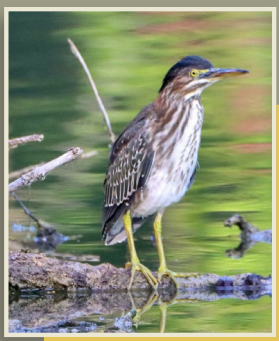


Photo Credit:
Melissa Crain

Firefly Night Hike

Friday 6/2 9:00-10:30pm

Experience a local park after dark! Tour Sweet Arrow Reserve on a night hike where we will experience the busy nocturnal world that we don't usually get to see. Fireflies, coyotes, and hopefully some owls will make an appearance! Pre-registration required.

Ages: All Ages | Cost: FREE | Location: Sweet Arrow Reserve

Fossil Fun

Friday 6/30 1:00-2:30pm

Explore the Little Sugarcreek and search for fossils that are over 300 million years old! Learn about the eight most common Ohio fossils and how they lived long ago. Come and make a fun fossil craft and wear your creek shoes for an epic fossil hunting adventure! All children must be accompanied by an adult. Pre-registration required.

Ages: All Ages | Cost: FREE | Location: Magee Park

Stream Study

Friday 7/14 5:00-6:30pm

Our local rivers and streams are full of life... have you ever wanted to take a closer look at the creatures that call the water their home? For this program we will be taking water samples, catching and classifying macroinvertebrates (stream insects), as well as learning about what makes a healthy ecosystem function. We provide the nets and containers, no experience necessary! Pre-registration required.

Ages: 18+ | Cost: FREE | Location: Sweet Arrow Reserve/Nature Barn

Stream Study KIDS

Friday 7/21 11:00-12:30pm

What lives in the water at your local parks? Come investigate the answer to this question! We will be looking for frogs, fish, dragonflies, and more during this creek exploration time. Learn about the importance of clean water and how we can protect our local streams. We provide the nets and containers. Please wear water shoes. Pre-registration required.

Ages: All Ages | Cost: FREE | Location: Sweet Arrow Reserve/Nature Barn

Glen Helen Raptor Center: Jr. Raptor Readers

Friday 8/11 5:00-6:00pm

Whoooo is that owl? Why do birds have feathers? Meet two live raptors from the Glen Helen Raptor Center, and listen to a story and sing a song about owls you may find in your very own backyard during this fun filled program for our youngest learners. Pre-registration required.

Ages: All Ages | Cost: Free | Location: BSPD Headquarters

Photo Credit: Glen Helen Raptor Center

OSU Extension Master Gardener Speaker Series

Thursdays 5/4, 6/22, 7/20, 8/24 6:30-7:30pm for all programs

These engaging presentations will cover a range of topics pertaining to gardening in Ohio. Taught by members of the OSU Extension Volunteer Master Gardeners, each presentation is open to adults with all levels of experience. Detailed descriptions for each talk can be found on our website. Registration is encouraged, but drop-ins are always welcome!

Ages: 18+ | Cost: FREE | Location: Park District Headquarters

Summer Camps

Camps are offered for all different ages ranging from 3 to teens depending on length of camp, physical activity and group size, be sure to check all of them out for your summer entertainment! Legal guardians are responsible for signing minors up for programs through online registration. Payment is required at the time of registration for all programs.

Archery Camp-Youth & Teens

Monday-Thursday 6/5-6/8 9:30-11:30 OR 1:00-3:00pm

Learn a new skill this summer by shooting archery! Basic instruction will include safety rules from our NASP (National Archery in the Schools) certified staff. Participants will be instructed on how to hold, aim, draw and shoot a bow. As your skills progress throughout the week, we will challenge you with further distances and fun games. This camp is a great way to try out this fun and exciting sport! All equipment and targets will be provided. Pre-registration required by 5/31.

Ages: 8-12 | Cost: $40/Residents; $50/Non-Residents | Location: Park District Headquarters

Craft Camp

Monday-Thursday

Session 1: 6/12-6/15 at 9:45-10:30 am OR 1:00-1:45 pm

Session 2: 7/24-7/27 at 9:45-10:30 am OR 1:00—1:45 pm

This camp is for all of the youngest artists out there! We will focus on introducing the basics of arts and crafts. Each week will feature different projects and themes, so sign up for one or both sessions! Each camper will be encouraged to use their imagination to create a piece of work they will be excited to display at home! Pre-registration required by 6/7 or 7/19.

Ages: 3-6 | Cost: $15/Residents; $25/Non-Residents | Location: Bellbrock Park

Nature Explorers Camp

Monday-Thursday

Session 1: 6/12-6/15	**Ages: 6-8**	**9:00am-Noon**	**Pre-registration required by 6/7**
Session 2: 7/10-7/13	**Ages: 9-12**	**9:00am-Noon**	**Pre-registration required by 7/5**
Session 3: 7/31-8/3	**Ages: 6-8**	**9:00am-Noon**	**Pre-registration required by 7/26**

Campers will have fun exploring the nature parks and creeks while playing games and creating nature crafts. We will discover some of Ohio's insects, fossils, wildlife, and birds while learning how to be good stewards of our environment! We may even have a campfire and share s'mores at the end of the week! Campers should "dress for a mess" and wear sturdy shoes for hiking and exploring the creeks.

Cost: $40/Residents; $50/Non-Resident | Location: Sweet Arrow Reserve/Nature Barn

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Creative Kids Camp

Tuesday-Friday 6/20-6/23 9:00-11:00am

This camp is for kids who love to craft and explore art. Each camper will be encouraged to use their imagination to create a piece of artwork each day that they will be excited to display at home! Pre-registration required by 6/14.

Ages: 7-9 | Cost: $25/Residents; $35/Non-Residents | Location: Park District Headquarters

Mini Kamp Kehl

Tuesday-Friday 6/20-6/23 9:00-Noon

Join us for a fun-filled morning with exciting games, educational activities, crafts, playground time and nature hikes! We will create a fun theme for the campers to learn from and experience each day. Children must be potty trained, pull ups are not accepted. Pre-registration is required by 6/14.

Ages: 4-7 | Cost: $40/Residents; $50/Non-Resident | Location: Ron Kehl Park

Camp Sweet Arrow

Monday-Thursday 6/26-6/29 9:00-Noon

Make sure your child doesn't miss out on the fun at Camp Sweet Arrow this summer! This will be an exciting camp filled with new friends, new experiences and fun adventures. Together we will explore a variety of unique activities, cooperative field games and crafts. Pre-registration required by 6/21.

Ages: 9-12 | Cost: $40/Residents; $50/Non-Resident | Location: Sweet Arrow Reserve/Nature Barn

Mini Camp Magee

Monday-Thursday 7/17-7/20 9:00-Noon

Join us for a fun-filled morning of games, educational activities, crafts, and nature explorations! We will create a fun theme for the campers to learn from and experience each day. Children must be potty trained, pull ups are not accepted. Pre-registration required by 7/12.

Ages: 4-7 | Cost: $40/Residents; $50/Non-Resident | Location: Magee Park

Active Adults (50 and Better)

All "Active Adults" programs are provided free of charge through our partnership with the Greene County Council on Aging. They take place at our Park District Headquarters (2751 Washington Mill Road) unless otherwise noted. Call (937) 848-3535 to register or visit our website at bellbrooksugarcreekparks.org.

Greene County Council on Aging

Chair Yoga

Every Monday beginning 5/1 9:30am-10:30am

Join instructor Connie Weber to experience one of the gentlest forms of yoga available. This gentle form of yoga that is practiced sitting on a chair, or standing using a chair for support and includes no complicated movements. Initial reservation is required.

Euchre Game Time

Mondays 5/1, 5/15, 6/5, 7/3, 7/17, 8/7, 8/21 1:30-3:30pm

Join us to enjoy a friendly game of Euchre. Limit of 32 players. Registration required.

TAPfit Fitness

Every Tuesday beginning 5/2 8:45-9:30am

Keep your body and your mind in shape with this innovative new fitness class! TAPfit is a dance fitness program that utilizes the principles of tap dance to get you moving to a beat—no prior dance experience required. All routines can be modified to seated positions.

Cook Book Club

Thursdays 4/27, 5/25, 6/29, 7/27, 8/31 3:00-4:00pm

This partnership with the Greene County Public Library will feature two of our favorite things: books and food! Each participant will bring a food item that ties into the novel we read that month. Our April book is *The Kitchen Front* by Jennifer Ryan; copies of this book can be borrowed from the Winters-Bellbrook Library.

Lunch & Trivia: Jeopardy!

Friday 5/19 11:00-12:30pm

Come for an afternoon of fun and friendly competition as we play Jeopardy, game-show style! Compete for prizes while making new friends at the same time. A catered boxed lunch will be provided free of charge.

Senior Technology Camp

Monday-Thursday 8/7 - 8/10 2:00-3:30pm

Frustrated with technology? Wanting to know the basics of your cell phone or tablet? We can help! Come to our four-day technology "camp" where each session we focus on different skills such as downloading apps, taking the best photos, texting, and more. Bring your devices and questions to receive help from our tech-savvy staff and volunteers.

District Headquarters
2751 Washington Mill Rd
Bellbrook, Ohio 45305

MARK YOUR CALENDAR

May

Mondays 5/1	Euchre Game Time	9
Mondays 5/1-5/29	Chair Yoga	9
Tuesdays 5/2-5/30	TAPFit Fitness	9
Thursdays 5/4	OSU Extension	7
Friday 5/5	Little Explorers	5
Saturday 5/6	Mother's Day Crafts	4
Monday 5/8	Extreme Puzzling Challenge	3
Tuesdays 5/9-6/13	Hatha Yoga	2
Wednesdays 5/10	Walk and Talk Book Club	3
Thursdays 5/11-6/15	Gentle Yoga	2
Saturday 5/13	World Migratory Bird Day Hike	5
Mondays 5/15	Euchre Game Time	9
Mondays 5/19	Lunch & Trivia	9
Friday 5/19	Camp Volunteer Training	1
Saturday 5/20	Archery for Beginners	2
Saturday 5/20	Archery Games	2
Mondays 5/22	Jump, Wiggle & Shout	5
Wednesdays 5/24-6/21	Tai-Chi	2
Thursdays 5/25	Cook Book Club	9

June

Thursdays 6/1	Adult Trivia Night!	3
Fridays 6/2	Picnic Play Date	5
Friday 6/2	Firefly Night Hike	6
Mondays 6/5-6/26	Chair Yoga	9
Tuesdays 6/6-6/27	TAPFit Fitness	9
Mondays 6/5	Euchre Game Time	9
Monday-Thursday 6/5-8	Archery Camp-Youth & Teens	7
Saturday 6/10	Father's Day Crafts	4
Monday-Thursday 6/12-15	Craft Camp	7
Monday-Thursday 6/12-15	Nature Explorers Camp	8
Wednesdays 6/14	Walk and Talk Book Club	3
Tuesdays 6/20-8/1	Hatha Yoga	2
Tuesday-Friday 6/20-23	Creative Kids Camp	8
Tuesday-Friday 6/20-23	Mini Kamp Kehl	8
Thursdays 6/22	OSU Extension	7
Thursdays 6/22-7/27	Gentle Yoga	2
Saturday 6/24	Crafting with Friends	3

June (CONTINUED)

Monday-Thursday 6/26-29	Camp Sweet Arrow	8
Wednesdays 6/28-7/26	Tai-Chi	2
Thursdays 6/29	Cook Book Club	9
Friday 6/30	Fossil Fun	6

July

Mondays 7/3	Euchre Game Time	9
Mondays 7/3-7/31	Chair Yoga	9
Fridays 7/7	Picnic Play Date	5
Saturday 7/8	Summer Puzzle Exchange	4
Monday-Thursday 7/10-13	Nature Explorers Camp	8
Tuesdays 7/11-7/25	TAPFit Fitness	9
Wednesdays 7/12	Walk and Talk Book Club	3
Friday 7/14	Stream Study	6
Mondays 7/17	Euchre Game Time	9
Monday-Thursday 7/17-20	Mini Camp Magee	8
Thursdays 7/20	OSU Extension	7
Friday 7/21	Stream Study KIDS	6
Monday-Thursday 7/24-27	Craft Camp	7
Thursdays 7/27	Cook Book Club	9
Friday 7/28	Family Game Night: BINGO!	4
Monday-Thursday 7/31-8/3	Nature Explorers Camp	8

August

Tuesdays 8/1-8/29	TAPFit Fitness	9
Wednesdays 8/2-8/30	Tai-Chi	2
Thursdays 8/3-9/7	Gentle Yoga	2
Thursdays 8/3	Adult Trivia Night!	3
Friday 8/4	Family Pajama Party	5
Mondays 8/7-8/28	Chair Yoga	9
Mondays 8/7	Euchre Game Time	9
Monday-Thursday 8/7-10	Senior Technology Camp	9
Tuesdays 8/8-9/12	Hatha Yoga	2
Wednesdays 8/9	Walk and Talk Book Club	3
Friday 8/11	Glen Helen Raptor Center	6
Mondays 8/21	Euchre Game Time	9
Thursdays 8/24	OSU Extension	7
Mondays 8/28	Jump, Wiggle & Shout	5
Thursdays 8/31	Cook Book Club	9