

# Let's Move! Parks Challenge

9/14 - 11/23

Choose your own adventure! Complete as many tasks from the checklist as you can to collect raffle tickets for awesome prizes! Over 40 tasks to choose from! Drawing will be held after the Wobble Gobble 3K Fun Run/Walk! You may drop off your completed checklists at Park District Headquarters the week of 11/25-11/29, Monday-Friday, 8:00 AM to 4:30 PM.

## Gooding Addition/Park Headquarters

- Hike the nature trail
- Observe the Rain Garden

## Morris Reserve

- Take a selfie at the "Welcome Rock"
- Take a selfie at the "Old Well"
- Hike the River Trail with your pooch
- Run or walk the Wobble Gobble 3K

## Magee Park

- Explore the creek for fossils & critters
- Enjoy a picnic
- Swing for 5 minutes
- Do 15 Squats (x2) on stone benches
- Do 10 Tricep dips (x2) on a picnic table
- Do 10 Jumping Jacks (x2)

## Bellbrook Park

- Take a selfie with the Magnetic Springs sign
- Enjoy a book from the Little Library
- Do 10 push-ups off the gazebo rail
- Take a selfie in front of the "Sugar Shack"
- Walk/run up & down the big hill (x2)
- Do 15 Tricep Dips on a picnic table (x2)
- Hold a plank for 30 seconds

## Sweet Arrow Reserve

- Take a selfie at the "Hollow Sycamore" tree
- Hike the Blue Trail with your pooch
- Take a selfie at the "White Ash" tree
- Hike the Red Trail
- Hike the Black Trail
- Hike the Yellow Trail

## Sackett-Wright Park

- Play a game of Kickball with friends
- Throw a football with a friend
- Take a selfie enjoying a picnic
- Play a game of Tag with friends

NAME: \_\_\_\_\_

PHONE #: \_\_\_\_\_

Earn bonus tickets by tagging your selfies with the hashtag #bellbrooksugarcreekparks or #letsmoveparkschallenge to our Facebook or Instagram pages!

## Kehl Park

- Swing for 5 minutes
- Make 7 baskets
- Walk 2 laps around the walking path
- Hike the nature trail
- Draw & play hopscotch with a friend
- Play Tic-Tac-Toe with a friend

## Washington Mill Park

- Play a game of Frisbee with a friend
- Fly a kite
- Play soccer with a friend and score 5 goals

## Petrikis Park

- Play a game of H.O.R.S.E.
- Play a round of Tennis
- Enjoy a book from the Little Library
- Make 5 baskets on the basketball court
- Take a selfie at the Butterfly Garden
- Walk the path & stairs (x4)

