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2019 2020

# FALL NEWSLETTER

# WINTER

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# Program Registration



## In Person:

Visit our office at Park District Headquarters  
2751 Washington Mill Rd, to register in person  
Open Monday – Friday, 8:00 AM – 4:30 PM.



## Phone:

Call us to register at 937-848-3535.



## Online:

Visit our website [www.bellbrooksugarcreek-parks.org/programs](http://www.bellbrooksugarcreek-parks.org/programs)

# Volunteer

If you are looking for community service hours to fulfill a project or school requirement the Park District is a great place to start. We always need volunteers for our programs, special events and park improvement projects. Our convenient online registration system organizes and tracks volunteer hours, send reminders of when your volunteer shift is, as well as notify you of program changes to the volunteer commitments you register for. Our volunteer opportunities are suited for adults, students, scout groups, organizations, and families. Please view and register for volunteer opportunities on our website, [bellbrooksugarcreekparks.org](http://bellbrooksugarcreekparks.org), or contact Program Manager, Heather Ficke, at [hficke@bellbrooksugarcreekparks.org](mailto:hficke@bellbrooksugarcreekparks.org). Volunteers 18 and up will be submitted to a background check to ensure the safety of participants and other volunteers.

# Park District Locations

## Bellbrook Sugarcreek Park District

**Headquarters & Community Center**  
2751 Washington Mill Rd

**Robert E. Gooding Addition**  
2751 Washington Mill Rd

**Bellbrook Park**  
57 North Main Street

**Ron Kehl Park**  
1730 Sonoma Court

**Magee Park**  
1820 Little Sugarcreek Rd

**Sackett-Wright Park**  
3371 State Route 725

**Morris Reserve**  
3151 Lower Bellbrook Rd

**Sweet Arrow Reserve**  
789 Little Sugarcreek Rd

**Petrikis Park**  
3771 West Franklin St

**Washington Mill Park**  
3311 Washington Mill Rd

# Get Connected



**Park District Headquarters & Community Center**  
937-848-3535



**[bellbrooksugarcreekparks.org](http://bellbrooksugarcreekparks.org)**



**BellbrookSugarcreekParks**

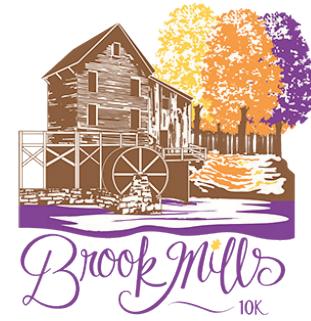


**[bellbrooksugarcreekparks](#)**



**BE WELL BELLBROOK****Saturday, 9/14****9:00 AM – 1:00 PM**

Join us in beautiful downtown Bellbrook for our first ever health and wellness event, Be Well Bellbrook! This annual event is a partnership between the City of Bellbrook and Bellbrook Sugarcreek Park District. Visit the farmer's market, take in a fitness demo, visit health and wellness vendors, enjoy food trucks, kids' activities, mobile mammography unit and much, much more! Prior to the event, take part in the first annual Brook Mills 10K.



**Registration is NOT required to attend the event but IS REQUIRED to participate in the Brook Mills 10K.**

**AGES: All Ages****COST: FREE****LOCATION: Downtown Bellbrook along Franklin Street****\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\*****LET'S MOVE! PARKS CHALLENGE****9/14 – 11/23**

The challenge kicks off at the first annual Be Well Bellbrook community event on September 14th and will end at our Wobble Gobble 3K Fun Run/Walk on November 23rd.

"Let's Move! Parks Challenge" checklists can be printed from our website, picked up at Park District Headquarters or you can snag a copy at one of our community events!

***So, grab your checklist and Let's Move in the parks!***

**AGES: All Ages (children should be accompanied by an adult)****COST: FREE****LOCATION: Various Parks**



## HALLOWEEN IN THE PARK

**Saturday, 10/26      3:00 PM – 6:00 PM**

A new twist on an old tradition and fun for the whole family! Come and walk the "Trail of Tricks and Treats"; local groups and businesses will have activity booths for you to discover on the winding trail through the Gooding Addition. The first 300 kids will receive a ticket to the pumpkin patch where they can search for the perfect pumpkin to decorate at our decorating station on the patio. Come inside to listen to spooky tales by the Winters Library. Enjoy complimentary games, crafts, witch's brew and fall family fun!



**AGES: All Ages**

**COST: FREE**

**LOCATION: Park District Headquarters**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

### \*\*\*NEW PARKING/SHUTTLES\*\*\*



Please park at Washington Mill Park (3311 Washington Mill Road) and take the *FREE* shuttle back and forth to the event. *Parking is extremely limited at Park District Headquarters (2751 Washington Mill Road).*



***Shuttles provided by United Coachways will run every 15 minutes between the event and parking.***

## HALLOWEEN IN THE PARK ANNUAL COSTUME CONTEST



We want to see your most creative and festive costumes during this event! Our contest judges will be geared up and ready to award prizes for the best and/or most creative costumes!

***Contest categories will be as follows:***

- |                 |               |             |
|-----------------|---------------|-------------|
| • Group Costume | • 2 and under | • 3-5       |
| • 6-8           | • 9-11        | • 12 and up |

***All participants must register in person at the tables IN FRONT of Park District Headquarters.***

***\*\*REGISTRATION FOR THE COSTUME CONTEST ENDS AT 3:45 PM\*\****

***Line-up times for each age group will be as follows:***

- |                              |                       |                            |
|------------------------------|-----------------------|----------------------------|
| • 4:00 PM - Ages 2 and under | • 4:30 PM - Ages 6-8  | • 5:00 PM - Ages 12 and up |
| • 4:15 PM - Ages 3-5         | • 4:45 PM - Ages 9-11 | • 5:15 PM - Group Costumes |

***Prizes and ribbons will be awarded to the 1st, 2nd and 3rd place winners in each age group!***

***Questions about the event? Please call us at 937-848-3535.***

# WOBBLE GOBBLE 3K FUN RUN/WALK



**Saturday, 11/23      9:00 AM**

## \*\*\*NEW LOCATION\*\*\*

Before you chow down on Thanksgiving Dinner, join us for our 5th annual Wobble Gobble 3K Fun Run/Walk through beautiful Morris Reserve. This is an all ages, family (and pet) friendly event. All runners will receive a commemorative goodie bag! Packet pick-up will begin at 8:30 AM and the run starts at 9:30 AM. Pre-register for early bird pricing by 11/18; DAY OF registration price increases to \$20 per runner, regardless of age. Space is limited to 150 runners; registration is the only way to guarantee your spot. For more details about race route, schedule of events and how to volunteer visit our website, [www.bellbrooksugarcreekparks.org](http://www.bellbrooksugarcreekparks.org)

**Don't forget - Early Bird Registration Required by 11/18**

**AGES: All Ages**

**COST: \$15/runner (ages 15 and up); \$10/runner (ages 14 and under); FREE for Spectators;**

**Day of race: \$20/runner regardless of age**

**LOCATION: Morris Reserve**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***



# CHRISTMAS IN THE PARK



**Saturday, 12/14      5:00 PM – 7:00 PM**



Christmas in the Park is a Bellbrook tradition that makes cookies seem a little sweeter and lights in the park a little more sparkly. Kick off the evening with a park lighting ceremony and welcome Santa to the park with Bellbrook hospitality! Local music groups will fill the park with seasonal carols while Santa meets with his clients. Free activities for kids and families will include: crafts, ornament decorating contest, hot chocolate, popcorn and more!

Bring your gently used winter clothing items to donate to the Bellbrook Family Resource Center, benefitting local families in need this winter. Receive raffle tickets for each item donated and enter to win fabulous prizes from local businesses.

Indulge in a sweet treat at the "Partnerships for Success" bake sale. All proceeds directly benefit this BHS service group who organize this holiday event with the support of the park district. **No registration is required to attend.**



**AGES: All Ages**

**COST: FREE**

**LOCATION: Bellbrook Park**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

## 1st ANNUAL ORNAMENT DECORATING CONTEST



Join us for our first ever "Ornament Decorating Contest". Entries may be dropped off at Bellbrook Park from 4-5 pm the night of the event. Beginning at 5 pm visitors can view all entries and vote for the "People's Choice" winner in each age category. A panel of judges will also choose one overall winner in each age category. Winners will be announced at 6:55 pm; you do not need to be present to win.

Ornaments must be no larger than 4" high, 4" wide and 4" deep. Ornament can be in any shape, as long as it stays within the above measurements. Hooks must be attached to each ornament so they can be hung.

Ornaments can be made of any material such as wire, wood, plastic, metal, etc. They can also be beaded, crocheted, or knitted. Using a clear or solid colored glass ball ornament as a base is also acceptable.

### **Ornament Decorating Contest Age Categories:**

- Child 3-6

- Child 7-9

- Child 10-13

- Teen 14-17

- 18 and Up

## VOLUNTEER NATURALIST PROGRAM



### TRAINING SESSION

**Wednesday, 9/18      6:00 PM – 8:00 PM**



Our Volunteer Naturalist Program started out strong in early 2019 and we are ready to finish the year even stronger! Join our Chief Naturalist, Kendra Schide, to learn about our park district and the nature programs you can be involved in! Training will include an information session at Park Headquarters followed by an environmental hike in our nature park. If you love nature and teaching it to children and adults then this program is for you! Please wear outdoor hiking clothes and sturdy shoes for this fun and educational session.

**Registration required by 9/16.**

**AGES: 16 & up**

**COST: FREE**

**LOCATION: Park District Headquarters**

## FALL ARCHERY



**Saturday, 9/28      9:00 AM – 10:15 AM**

Session 1 – Seniors: 50 & up | 9:00 AM - 10:15 AM

Session 2 – Beginners: 8 - 49 | 11:00 AM - 12:15 PM

### Archery



*This project is supported by the Ohio Division of Wildlife. All equipment for Bellbrook Sugarcreek Park District archery programs has been provided thanks to grant monies from ODNR, US Fish and Wildlife Service and the Wildlife Restoration Program. Please do not bring your own equipment to these programs without prior approval from park staff.*

This course is for anyone that has been interested in learning the technique of archery or doing it again after a few years away from practice. You will learn how to aim and shoot from our NASP (National Archery in the Schools Program) certified instructors. Come out and hit a bullseye or maybe even a balloon or two!

**Minimum of 6 required; pre-registration is required by 9/25.**

**AGES: Seniors: 50 and up – Beginners: 8-49**

**COST: \$10/Resident | \$15/Non-resident**

**LOCATION: Park District Headquarters**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

## COMPASS PUMPKIN HUNT



**Sunday, 10/27**

**2:00 PM – 3:30 PM**

Learn how to use a compass to hunt down some hidden pumpkins in our beautiful nature park! Take a pumpkin home if you can find it! Please dress for the cool fall weather and wear sturdy shoes or boots for rugged or muddy trails.

**Minimum of 10 is required.**

**Registration by 10/23 is required.**

**\*\*If registering as a FAMILY or GROUP, please include the names and ages of all family members attending with you in the notes section of our online registration system\*\***

**AGES: All Ages (children must be accompanied by an adult)**

**COST: Resident/\$5 per person or \$15 per family  
Non- resident/\$10 per person or \$20 per family**

**LOCATION: Sweet Arrow Reserve**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

## NIFTY NATURE GAMES



**Saturday, 11/9**

**7:00 PM – 8:00 PM**



Learn to play fun nature games like Quick Frozen Critters, Migration Headaches, One Fish-Two Fish- Know Fish, and more! Not only are these nifty games fun, they are educational; you will learn about Ohio's wildlife population and how they survive, meet our "Earth-friendly" park district friends and discover other environmental concepts! All games will be held indoors, so wear clothing that is easy to run and move in! **Registration open to 12 families/groups; pre-registration required by 11/6.**

**\*\*Please only register 1 person per family/group and list the names and ages of remaining participating family members in the notes section of our online registration system \*\***

**AGES: All Ages (children must be accompanied by an adult)**

**COST: FREE/Resident families | \$5/Non-resident families**

**LOCATION: Park District Headquarters**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

## HOLIDAY GLOW WALK



**Friday, 12/27 6:00 PM – 7:00 PM**

Enjoy an evening walk while glowing luminaries light your way! Meet some park friends along the trail, get some exercise and join in on some glowing fun and games. Make some noise at our holiday table to bring in the New Year and dress for night time winter weather along with boots for icy or muddy trails.

**\*\*Please register everyone in your family/group individually\*\***

**AGES: All Ages (children must be accompanied by an adult)**

**COST: FREE**

**LOCATION: Kehl Park**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

## ANIMALS ALIVE!



**Saturday, 1/11 11:00 AM – 12:00 PM**

Join us as the Boonshoft Museum of Discovery shares their incredible and informative "Animals Alive" program! They will be bringing animal representatives from the amphibian, reptile, bird and mammal animal groups. Get an up-close look at these special critters as you learn about special adaptations and maybe even touch one, IF you're brave enough of course!

**Registration deadline by 1/9/20.**

**\*\*Please register everyone in your family/group individually\*\***

**AGES: All Ages (children must be accompanied by adult)**

**COST: FREE**

**LOCATION: Park District Headquarters**

## GRAN & ME PLAY DATE



**Sunday, 9/8 2:00 PM – 4:00 PM**

Calling all grandmas, grandpas, grammys and pop-pops! Scoop up the little ones and join us to celebrate Grandparent's Day with an array of games, new and old. Enjoy light refreshments and play the day away together. **Registration required by 9/4.**

**Please register all participants who will be attending.**

**AGES: All Ages**

**COST: FREE**

**LOCATION: Park District Headquarters**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

## THE GREAT VALENTINE HUNT



**Sunday, 2/9 2:00 PM – 3:30 PM**

Spend a fun winter afternoon and get outside as we go searching our beautiful nature park for hidden valentines along the trail! Our Chief Naturalist will lead you to the hidden valentines and also show you other interesting natural sights as we explore the park. Dress for winter weather and wear sturdy boots for wet or icy trails!



**\*\*Please only register 1 person per family/group and list the names and ages of remaining participating family members in the notes section of our online registration system \*\***

**AGES: All Ages (children must be accompanied by an adult)**

**COST: FREE/Resident family | \$10/Non-resident family**

**LOCATION: Sweet Arrow Reserve**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

## FAMILY GAME NIGHT: BINGO & SUNDAES



**Friday 9/27 6:30 PM – 8:00 PM**

Looking for something fun and exciting to do with your family? Then you should join us for a night of fun and games that will include bingo combinations such as 4 Corners, Crazy H, Goal Post, and 5 in a row.

Prizes for the winners and ice cream sundaes will make this an enjoyable night for all.

**Minimum of 12 required.**

**Pre-registration required by 9/23; one registration per person.**



**AGES: All Ages**

**COST: FREE**

**LOCATION: Park District Headquarters**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

**AGES: All Ages**

**COST: FREE**

**LOCATION: Park District Headquarters**

## BAKE-OFF



**Sunday, 11/3 3:00 PM – 5:00 PM**

It's time to put your baked goods to the test by entering our first ever, BSPD Bake-Off! Attendees can taste and vote for their favorite baked good, or just spend time with family and friends. Bake-Off champion will be awarded the "Sweet Tooth Trophy" and bragging rights until next fall! There will be a \$1 fee for each tasting. All money raised will go to the Bellbrook Family Resource Center; otherwise it is FREE to be a part of the festivities.

***Only the Bake-Off competitors need to register; registration to be completed by 10/30 (space is limited to the first 16 competitors).***

**AGES: All Ages**

**COST: FREE for competitors; \$1/cupcake or cookie taste**

**LOCATION: Park District Headquarters**

## FAMILY GAME NIGHT: 60 SECONDS OR LESS



**Friday, 1/17 6:30 PM – 8:00 PM**



Looking for something fun and exciting to do with your family? Then you should join us for a night of fun and hilarious games that the whole family can enjoy. 60 Seconds or Less is an exciting night of challenges that will test your speed, aim, focus, and willingness to do silly challenges!

***Pre-registration required by 1/13; registration required for each participant.***

**AGES: All Ages**

**COST: FREE**

**LOCATION: Park District Headquarters**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

## CHILI COOK-OFF



**Sunday, 1/26**

**3:00 PM – 5:00 PM**



Do you have what it takes to become the next "Chili Champ"? We dare you to put your recipe to the test by entering our 5th Annual Chili Cook-Off. You better come with your "A-game"

chili recipe, theme and costume because the overall crowd favorite will be awarded the "Cheesy Chili Trophy" and bragging rights until next winter! Attendees can taste and vote for their favorite chili, or just spend time with family and friends. There will be a \$1 fee for each tasting with all proceeds going directly to the Bellbrook-Sugarcreek Family Resource Center.

***Chili competitors need to pre-register by 1/22.  
Space is limited to the first 14 competitors.***

**AGES: All Ages**

**COST: FREE for Competitors | \$1 per chili taste**

**LOCATION: Park District Headquarters**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

## SPREAD THE LOVE



**Saturday, 2/8 11:00 AM – 12:30 PM**



Valentine's Day is the perfect time to show someone just how much you care. Join us to create special handmade valentines for those we love.

We also ask that you help us spread caring thoughts to very special children by making an extra valentine that will be delivered to the kids at Dayton Children's Hospital.



***Pre-registration is required by 2/5.***

**Ages: All Ages**

**Cost: FREE**

**Location: Park District Headquarters**

**\*\*VOLUNTEER OPPORTUNITIES AVAILABLE\*\***

## ADULT CRAFT NIGHTS: SEASONAL BLOCKS WITH KENDAL



Mondays: 10/7 & 12/2      6:30 PM – 8:00 PM



Join local artist, Kendal Wright, to make a fun and festive block decoration for your home throughout the season. She will bring all supplies and knowledge to help you make your own block décor. Kendal's

work can be seen on her Etsy page:

*HandmadeOnOurFarm.*

**Pre-registration required by the Friday prior to each program date.**



**10/7 class will make Halloween/Thanksgiving themed blocks**

**12/2 class will make Christmas/New Year's themed blocks**

**AGES: 16 & up  
COST: \$20/Person  
LOCATION: Park District Headquarters**

## WALK & TALK BOOK CLUB



Wednesdays: 9/11 & 10/9

6:30 PM – 7:30 PM

A book club designed for those that love to read as well as enjoy fresh air on a light hike. Exercising both our minds and bodies! Each month we will meet to discuss the monthly book, while walking through the wooded and prairie trails at Sweet Arrow Reserve. This program is a partnership between Greene County Public Library and the Bellbrook Sugarcreek Park District. An Adult Services Librarian will lead the discussion while park staff navigates the trails. **Minimum of 5 required.**

**Pre-registration is required by the Monday before until minimum is met.**

**September: "Next Year in Havana"**  
**by Chanel Cleeton**

**October: "Killers of the Flower Moon"**  
**by David Grann**

**AGES: 16 & up  
COST: FREE  
LOCATION: Sweet Arrow Reserve**

## ADULT CRAFT NIGHT: SEASONAL CARDS AND GIFT TAGS



Thursday, 11/14      6:30 PM – 8:00 PM

Join local crafters to create homemade cards and gift tags for the holiday season. Participants will make four different cards and four different tags to add a personal touch to their giving. What a special way to share your talents with friends and family!

**Pre-register by 11/8; space is limited.**

**AGES: 16 & up**

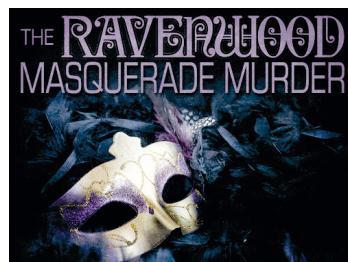
**COST: \$25 per person**

**LOCATION: Park District Headquarters**

## MURDER MYSTERY DINNER RAVENWOOD MASQUERADE



Saturday, 2/15      6:00 PM – 9:00 PM



"Bloodworth Falls is an isolated town plagued with scandals..." So begins the tale of the Ravenwood Masquerade murder mystery. Each participant will become their character and play their role in this "whodunit" story. Script and character details will be shared with you ahead of time to help you prepare for this immersive experience. Masquerade masks will be provided, but costumes are HIGHLY encouraged! Enjoy a lively night of fun, mystery, intrigue and laughter. Dinner catered by Christopher's Restaurant & Catering.

**Registration deadline is 2/7/20. One registration per person.**

**AGES: 18 & up  
COST: \$30/Resident | \$35/Non-resident  
LOCATION: Park District Headquarters**

## FALL FROLIC YOUTH HIKES



**Fridays: 9/20 & 11/1 3:00 PM – 4:30 PM**



Join us on "No School" days for an adventure through the trails at Sweet Arrow Reserve! We will discover historic trees and critters near the creek,

and along the way we will get to climb hills, rocks and logs to explore new paths leading to all sorts of adventures. Please dress for a mess and wear sturdy shoes for the trails and possible wet creek crossings.

**Minimum of 8 required.**

**Pre-registration is required by Monday before each hike.**

**AGES: 6 – 12**

**COST: FREE**

**LOCATION: Sweet Arrow Reserve**

## LITTLE EXPLORERS



**Fridays: 9/6, 10/4, 11/8, 12/6, 1/10, & 2/7**

**10:30 AM – 11:30 AM**



Each Little Explorers session will introduce toddlers to nature while learning about letters, numbers, shapes, colors, and so much more! This program is meant to help

strengthen and build the skills that your preschooler is learning at home and preschool while building a love of the outdoors. Don't miss out on the fun! An adult companion must attend.

**Pre-registration is required by Monday before each program date.**

**AGES: 2-5 years**

**COST: FREE/Resident | \$5/Non-resident**

**LOCATION: Park District Headquarters**

## JUMP, WIGGLE & SHOUT



**Mondays: 9/23, 10/21, 11/18, 12/30, 1/27, & 2/24  
10:00 AM – 11:00 AM**



This program is all about silly wiggles, goofy babbles, and having fun and making friends. Your little one will have a blast movin' and groovin' to music while developing coordination, balance, listening skills, and gross motor skills. An adult companion must attend.

**Minimum of 8 required.**

**Pre-registration is required by Thursday before each program date.**

**AGE: 1-3 years**

**COST: FREE/Residents | \$5/Non-residents**

**LOCATION: Park District Headquarters**

## GENTLE YOGA



**Thursdays:**

**9/19-10/24, 10/31-12/12, 1/9-2/13, & 2/20-3/26**

**12:00 PM – 1:30 PM**

This class is for beginners as well as more experienced students who want to try a gentle, slower and relaxing practice. We will combine relaxation techniques, proper breathing, gentle stretches and meditation. People with injuries, health problems, or other issues that limit mobility or cause pain can also participate. Please wear loose, comfortable clothing and bring a mat or blanket.

**Registration is required before the beginning of each new session.**

**NO CLASS: 11/28 – Thanksgiving Day**

**AGES: Adults**

**COST: \$50 (6 classes) or \$12 drop-in for resident |**

**\$55 (6 classes) or \$15 drop-in for non-resident |**

**LOCATION: Park District Headquarters**

# TAI CHI



## \*NEW CLASS\*

**Wednesdays:**

**8/14-9/11, 9/18-10/16, 10/23-11/20, 1/8-2/5,  
2/12-3/11**

**Morning & Evening Option:**

**9:00 AM & 5:30 PM**



This ancient, gentle martial art offers participants the health benefits of improving strength, flexibility, relaxation, balance and more. Each session will focus on the Yang Style Short Form of Tai Chi, which is easily adapted to meet varied physical limitations.

Beginners welcome! Presented by

trained instructor Shirley Forrest with Art of Wellbeing, LLC.

**Registration is required before the beginning of each new session.**

**AGES: 16 & up**

**COST: \$50 (5 classes by deadline) or \$15 drop-in**

**LOCATION: Park District Headquarters**

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# STROLLERS IN MOTION



**Wednesdays:**

**9/11-10/9, 10/23-11/20, 1/8-2/5, 2/19-3/18**

**9:30 AM – 11:00 AM**

A stroller-based workout for moms, dads or other caregivers. Each total body workout incorporates power walking and strolling, strength training, balance work and toning. An awesome way to get fit, meet new people, and have fun with your little ones! And, after some classes, special activities will be planned for the children!

**Punch cards can be purchased at the beginning of each session and would expire 6 months after purchase, no refunds or credits.**

**If you register and pay online, the instructor will have your punch card at the first class. If you prefer to pay in cash, please come a few minutes early to register with the instructor.**

**AGES: Parents/Children**

**COST: \$24/Resident | \$30/Non-resident for 5-week session**

**LOCATION: Kehl Park/ Inclement weather Park District Headquarters**

# HATHA YOGA



**Tuesdays:**

**9/17-10/22, 10/29-12/3, 1/7-2/11, & 2/18-3/24**

**7:00 PM – 8:30 PM**

Hatha Yoga is a system of relaxation, breathing, exercise and meditation designed to reduce stress and increase energy. This class is for beginning or continuing yoga students who also want to enhance strength, flexibility, and balance. Please wear loose, comfortable clothing and bring a mat or blanket.

**Registration is required before the beginning of each new session.**

**AGES: Adults**

**COST: \$50 (6 classes) or \$12 drop-in for resident**

**\$55 (6 classes) or \$15 drop-in for non-resident**

**LOCATION: Park District Headquarters**



## ATHLETIC FIELD STATUS



**Text Alert Updates:** If you would like to receive athletic field status updates via text message please sign up online for our “2019 Athletic Field Updates”. Texts will be sent if there is a change in field status during athletic seasons. You must list your mobile carrier in order to receive the updates directly to your phone.



2751 Washington Mill Rd.  
Bellbrook, Ohio 45305

PRESORTED  
STANDARD  
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DAYTON, OH  
PERMIT NO. 543

## 9th Annual Photo Calendar Contest Now – 10/2

Grab a camera, get out in the parks and capture the beauty of our special community. The top 12 photos (as voted on by the public) will appear in the "Bellbrook Sugarcreek Park District's 2020 Calendar". Deadline to submit a photo is October 2, 2019.

Voting on Facebook, Instagram and in person at Park District Headquarters will take place 10/9 – 10/30. The calendar will be available at Park District Headquarters in mid-November 2019.

**FOR CONTEST RULES AND SUBMISSION  
REQUIREMENTS VISIT**  
[www.bellbrooksugarcreekparks.org/park-news](http://www.bellbrooksugarcreekparks.org/park-news)

### **Questions?**

Please contact us at 937-848-3535 or  
[info@bellbroksugarcreekparks.org](mailto:info@bellbrooksugarcreekparks.org) for more information.



Upper Left: JSully  
Lower Left: JSully  
Upper Right: DGrabeman  
Lower Right: JSully